

	Randomization process	Deviations from the intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported result	Overall
Grawe 2006	!	!	+	+	+	!
Sigrunarson 2013	!	!	+	+	+	!
Bertelson 2008	+	+	+	+	+	+
Secher 2015	+	!	+	+	+	!
Hansen 2023	+	+	!	+	+	!
Ruggeri 2015	+	+	+	!	+	!
Srihari 2015	+	!	+	+	!	!
Kane 2016	-	!	+	+	+	-
Robinson 2019	+	+	+	+	+	+
Nishida	+	-	+	+	+	-
Palma 2019	+	+	+	+	!	!
Gonzalez-Ortega 2021	+	!	+	+	+	!
Chein 2022	+	+	+	+	+	+
Hui 2023	+	+	+	+	+	+

**Supplementary Fig. 4.** Summary of risk of bias assessment results (recent onset psychosis).